

## Disaster Preparedness Quiz

# IT'S NOT "IF" BUT "WHEN"

## Are You Prepared for the "BIG ONE"?

Do you have an Emergency Plan and Supplies?

Learn From our Panel of Experts.

2<sup>nd</sup> Annual NH-CPAB

# 2017 EAST VALLEY EMERGENCY PREPAREDNESS SUMMIT



What to do **BEFORE, DURING** and **AFTER**  
an Earthquake or Other Disaster.

### Speakers:

#### Margaret Vinci

Manager, Caltech  
Office of Earthquake Programs

#### Ken Kondo

LA County Emergency Program Mgr.  
Office Emergency Mgmt.

#### Captain III, Donald Graham

LAPD North Hollywood Division

#### Andrea Davis

Chairman, American Red Cross  
Director, Disney Crisis Mgmt.

#### Aram Sahakian

LA City, General Manager  
Emergency Mgmt. Dept.

#### Trevor Richmond

LAFD Deputy Chief

### When:

Saturday, October 21  
8:30 a.m. to 12 noon

### Where:

Church of Scientology  
11455 Burbank Blvd.  
N. Hollywood, 91601  
(Free Parking in lot off Burbank Blvd.)

Please RSVP to:

<http://bit.ly/EmergPrep2017>

Emergency Prep Supply Vendors:

Blue Can H<sub>2</sub>O,  
CERT, More Prepared  
Safe-T-Proof  
SOS Survival Products  
and More.



**Presented by Ken Kondo, MEP**

# Disaster Preparedness Quiz

## #1. Is your house or property ready to take a hit from a disaster?

### Have you:

- Ensured that there are no potential dangerous items heavy photo frames or mirrors hanging over or near bed or couch areas (If yes, 1 point)
- Bolted bookcases and other tall, heavy piece of furniture to wall studs? (If yes, 2 points)
- Installed latches or locks on cabinets/curios? (If yes, 3 points)
- Strapped down water heater or other heavy appliances to wall studs? (If yes, 4 points)
- Does your home or property disaster plan includes the aforementioned? (If yes, 5 points)

## #2. Do you and your loved ones have a disaster plan? Have you:

- Identified safe places in each room to go during an earthquake... Practice getting there? Know where emergency supplies are located? (If yes, 1 point)
- Does everyone know what to do in the first critical minutes of a disaster? Kids find family pet(s) while parents or adults survey for damages. (If yes, 2 points)
- If your work is far from home is there a backup plan for child care or other needs? (If yes, 3 points)
- Does everyone know how to turn off utilities (water, gas, power)? How to use fire extinguishers and other special tools? (If yes, 4 points)
- Is there a map in your disaster plan that shows where utilities and equipment/tools are located? (If yes, 5 points)

## #3. Have you researched earthquake preparedness kits online, i.e. Los Angeles County Emergency Survival Guide to find out what may be missing? Flashlights, extra batteries, etc.?

- Have enough nonperishable foods and water to last at least a week or longer? (If yes, 1 point)
- Have solar-powered flashlights, lanterns, radios or other smaller items like toilet paper, wipes (If yes, 2 points)
- Gas tank full? Good rule: Keep it at least half tank. (If yes, 3 points)
- Have cash, "small change" in a safe place? Do other family members know where to find it? (If yes, 4 points)
- Is the aforementioned included in your family or loved ones disaster plan? (If yes, 5 points)



#### **#4. Have you added in your emergency kits:**

Books, reading lights with extra batteries? (If yes, 1 point)

Family games that don't require an energy source. (If yes, 2 points)

Favorite treats, for you, your family, loved ones and pets? (If yes, 3 points)

- Comfort food or other items? (If yes, 4 points)
- Is the aforementioned included in your family or loved ones disaster plan? (If yes, 5 points)

#### **#5. Do you, family and loved ones have "Grab and Go" bags at the ready? Does it include:**

- Extra clothing items including comfortable closed-toed shoes low to the ground for walking? (If yes, 1 point)
- Basic hygiene items to provide for all family and loved ones needs during a disaster. (If yes, 2 points)
- Weather protection items, hat, sunscreen, blankets, jackets – different weight sizes, etc.? (If yes, 3 points)
- Have earthquake kit in the car, at work and other places if needed? (If yes, 4 points)
- Do you have alternate battery or power source for mobile devices or laptops? (If yes, 5 points)

#### **#6. How will you communicate with family members and loved ones?**

- Do you have an agreed-upon social media meeting place to leave messages if cellphone towers are down? (If yes, 1 point)
- Does your family members and loved ones have printouts of addresses, telephone or mobile phone numbers for nearest medical, police, fire, etc. on them in wallet or purse? (If yes, 2 points)
- Do you have a solar backup charger already to go at this moment? Is it fully charged? (If yes, 3 points)
- Do you have a landline? (If yes, 4 points)
- Is the aforementioned in your family and loved ones' disaster plan?  
(If yes, 5 points)

**#7. What if you have to leave your home? Do you have copies of important documents on flash drive and in your Grab and Go bag?**

- Do you have copies of birth certificates, Social Security cards, marriage certificates, passports and other items? (If yes, 1 point)
- Have bank account, credit card numbers and an extra set of keys? (If yes, 2 points)
- Wills, medication information? (If yes, 3 points)
- Property or rental agreements or recent income-tax return that can prove it is you. (If yes, 4 points)
- Is the aforementioned in your family and loved ones' disaster plan? (If yes, 5 points)

**#8. Your pets need to be prepared too. Do you have:**

- A collar or ID tag with your contact information on it? (If yes, 1 point)
- Pet carrier that includes your contact information? (If yes, 2 points)
- Necessary supplies, food, water, medication and important medical records? (If yes, 3 points)
- A current picture of you, your family, loved ones' with your pets in case your pets and you get lost or separated. (If yes, 4 points)
- Is the aforementioned in your family and loved ones' disaster plan? (If yes, 5 points)

**#9. Do you, your family member, loved ones:**

- Know your hazards and threats unique to your community or area? (If yes, 1 point)
- Do you know where to get emergency public information during times of emergencies and disasters? (If yes, 2 points)
- Know your neighbors before the disaster strikes. They may require additional assistance perhaps due to age, disability or language. (If yes, 3 points)
- Do you have door hangers that state "OK" or "Help." This will help first-responders. (If yes, 4 points)
- Is the aforementioned in your family and loved ones' disaster plan? (If yes, 5 points)

**#10. Do you have a good habit or routine in updating your family, and loved ones' disaster plan?**

- Do you know your children's school emergency plan? Do you know how it changes with every passing school year? Do you know your workplace emergency plan? (If yes, 1 point)
- Do you rotate food items in your emergency kits? (If yes, 2 points)
- Do you swap out emergency batteries at regular intervals? Do you remove them from radios or other equipment? (If yes, 3 points)
- Do you update your Grab and Go bags at least once a year? (If yes, 4 points)
- Is the aforementioned in your family and loved ones' disaster plan? (If yes, 5 points)